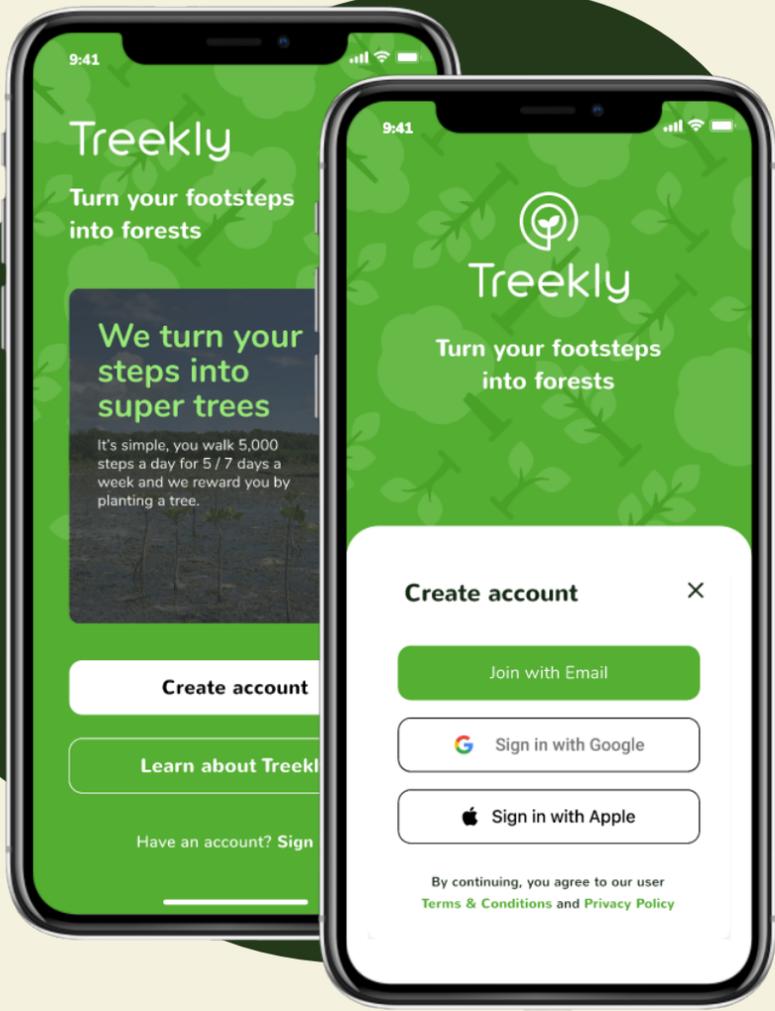




# How-to Guide - EcoFresh League



## Step 1 - Download Treekly app



Download the Treekly App from the App Store (Apple) or Google Play (Android)

To get started, select **'Create an account'** and enter your details

*iOS users, please note that if you sign in using Apple ID you will need to update your name in the Profile section of the app once you have created an account*

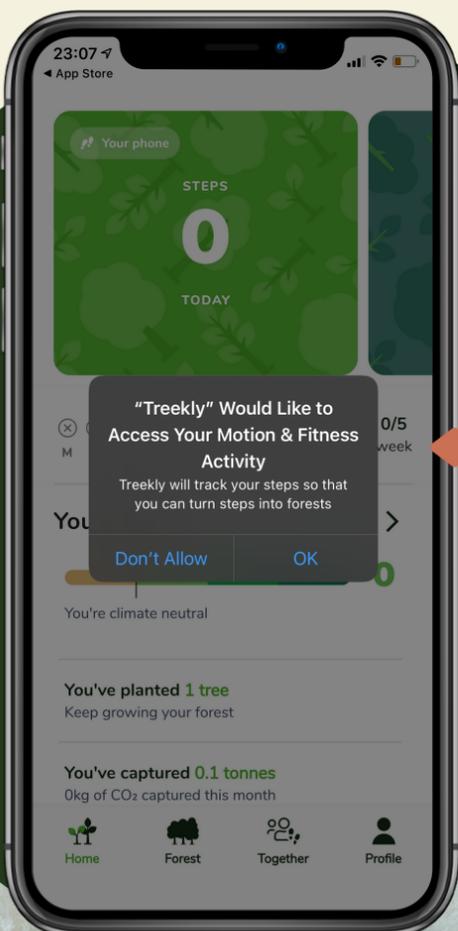
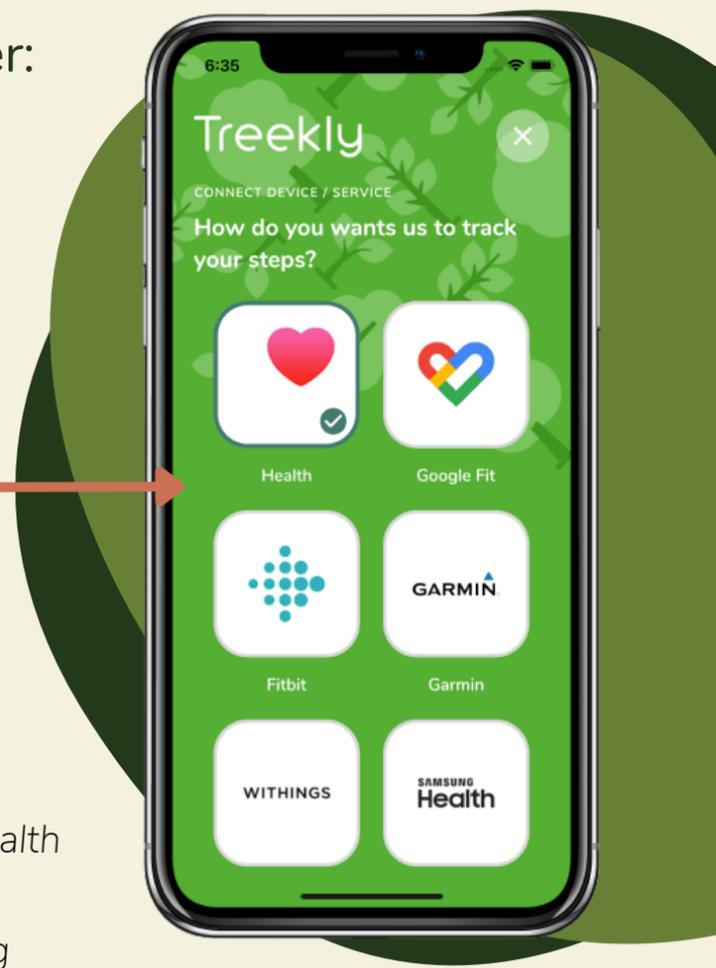
Select your preferred step counter:

**For iOS**, we recommend using Apple Health

**For Samsung** users, please choose the Samsung Health button\*

**For other Android** users, there is a choice of Google Fit, or your phone's in-built pedometer

*\*Please note you must have the Samsung Health app and the Health Platform app both downloaded on your phone before connecting*



In order for your app to count your steps, make sure you allow the Body sensors permission



## Step 2 - Joining your Business

Click here and select:  
"Join a Business"

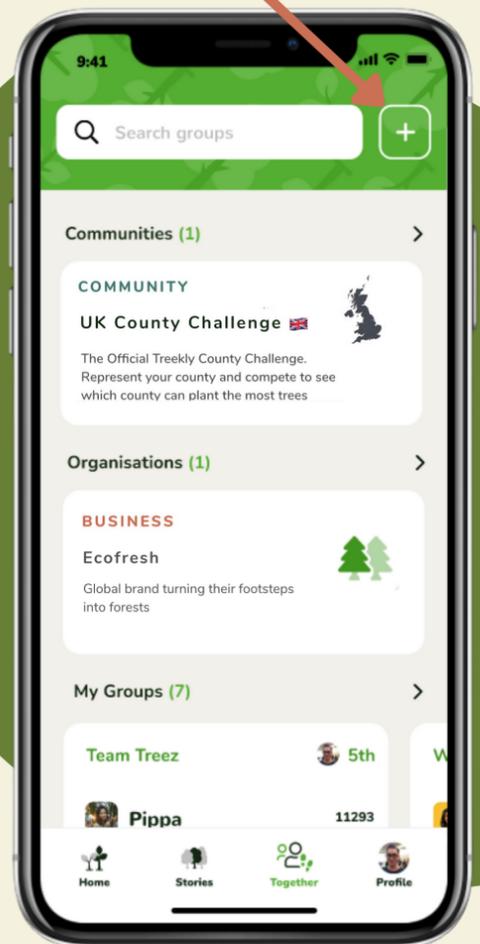
Select the 'Together' tab to access your Company League

Click the 'plus' icon in the top right of the screen followed by 'Join a Business'

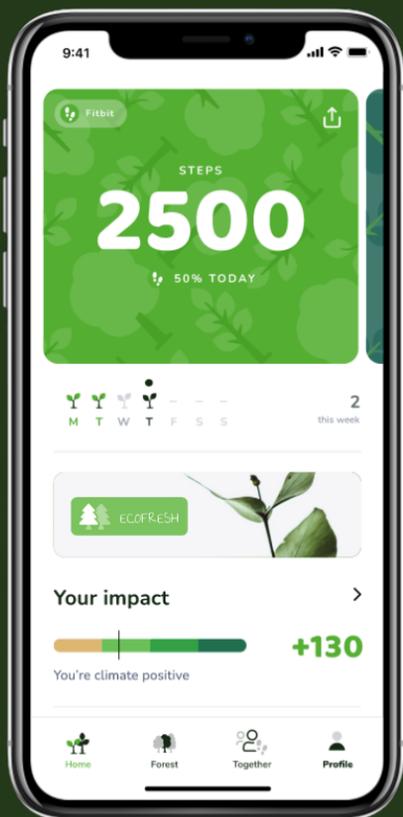
Enter your Business code:

**B-ECOFRESH**

After the administrator has approved your request to join, simply choose which team you want to represent.



## Step 3 - Navigating your TreeKly app



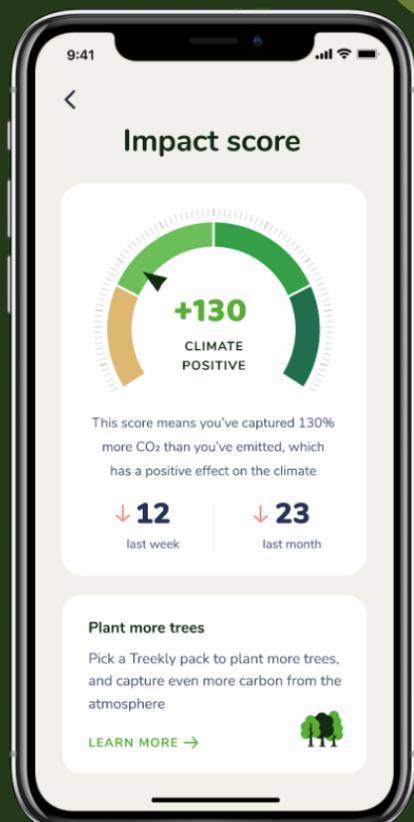
### Home Screen

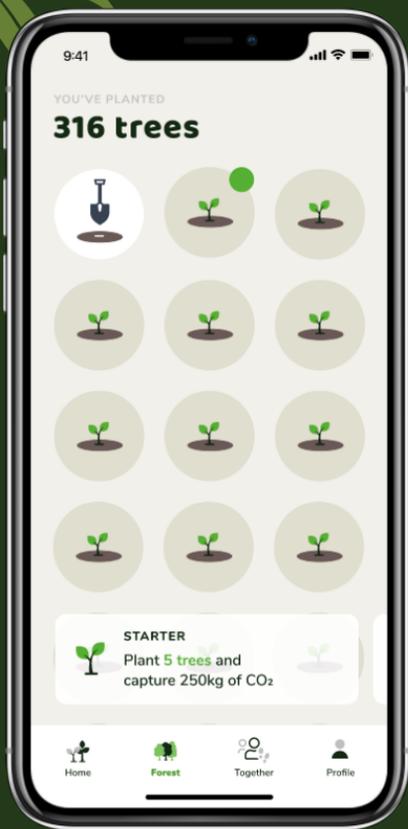
See your current daily step count on the Home Page.

You will also find your company's banner. Click this to access your Company League.

### Climate Impact Score

Your Impact Score rates your Climate Impact based on the number of trees you have planted



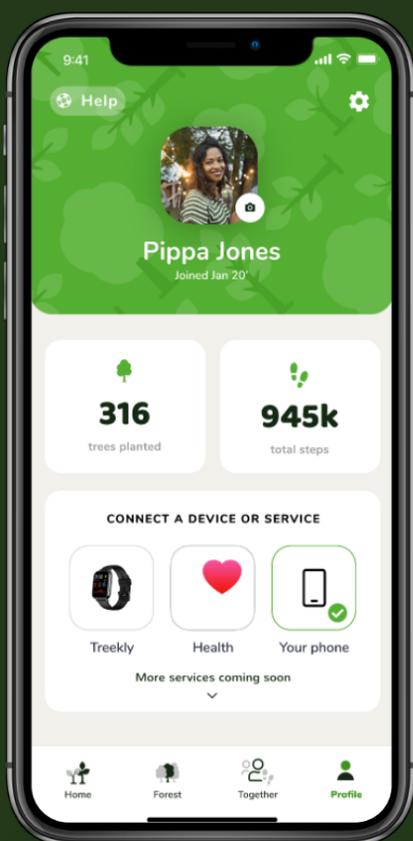
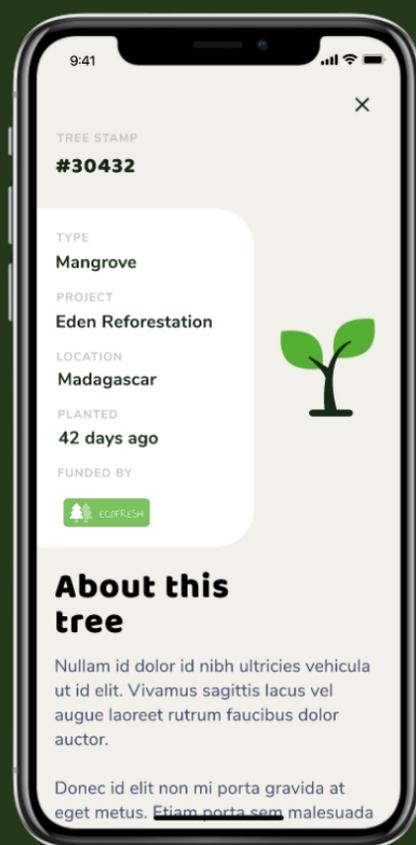


## Forest

In the Forest tab, you can see trees you've planted and trees ready to plant. Click the spade icon to virtually plant your trees.

## Tree Card

Information about each tree can be viewed in the Tree Card. Here you'll find where your tree has been planted and how long ago it was planted.



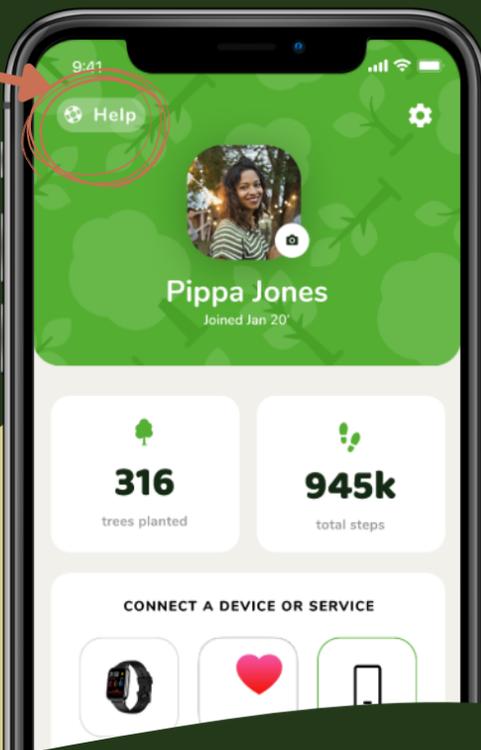
## Profile

The Profile page allows you to select a different steps counter service, manage your card details, and change your profile picture



## Help & Support

Also found in the Profile section  
Or, if you prefer to send an email:  
[support@trekly.org](mailto:support@trekly.org)





## Step 4 - Using your Group

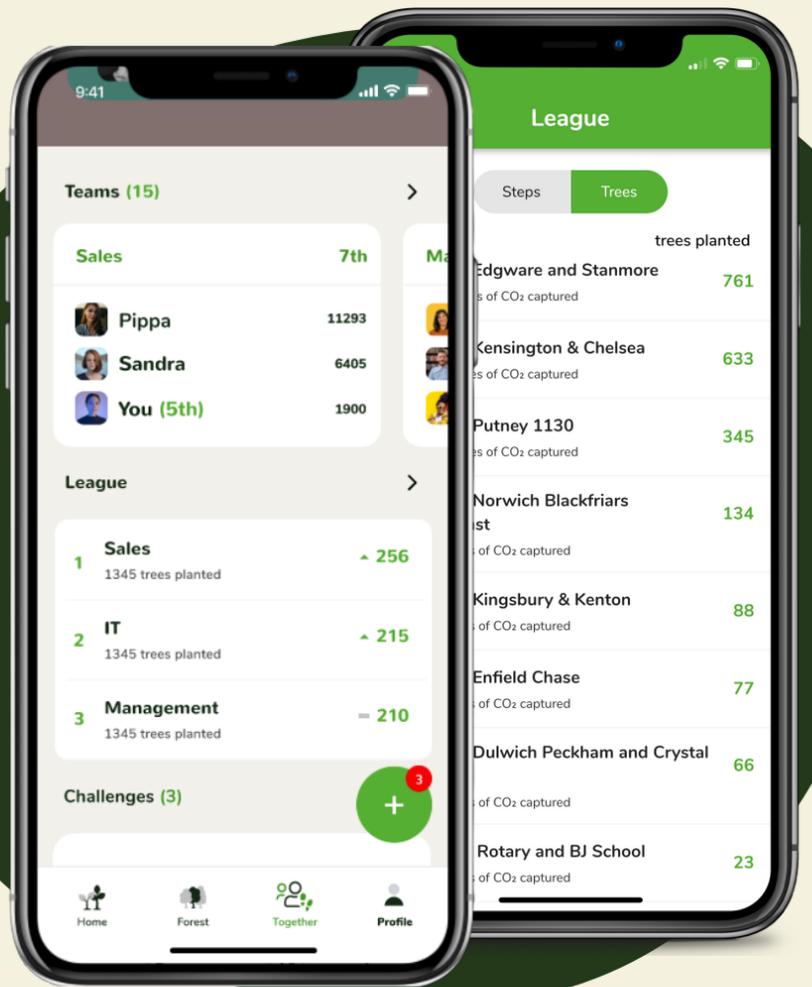


Head to the Together section to access your Group

After your administrator has approved your request to join the Business, you can view the **Company Dashboard** and choose which **Team** you want to represent.

Here you'll see the total Trees planted and Steps walked

Compete with others for some healthy competition



## FAQs

### Who plants the trees?

We chose our tree planting partner, Eden Reforestation Projects, because of their experience in tree-planting around the world. Since 2005, Eden have successfully planted nearly ONE BILLION trees! They also employ local people, providing fair wage employment to people living in impoverished communities.

### What carbon capture figure are you using per tree?

The mangrove trees planted by our partner Eden Reforestation Projects have a lifetime growth of 25 years and on average absorb 308kg of carbon. It is well documented that waiting 25 years for measures to have their effect is not the solution. For that reason, we use a CO<sub>2</sub> value of 50kg per tree planted over 8 years, to align with scientist rally calls that we urgently need to be taking action which has an effect prior to 2030.

### How are the trees funded?

On the free version of the app, trees are funded by green and ethical sponsors. Trees earned as part of a business community are funded by your employer. For those looking to have a greater impact, you can upgrade to Treekly Plus or purchase one of our Tree Packs.

Click [here](#) to see more faqs



Together, turning footsteps into forests